



**down syndrome association**  
*of greater cincinnati*



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## ds medpress

*A NEWSLETTER FOR HEALTHCARE PROVIDERS*

### National Down Syndrome Adoption Network

Since 1982, the DSAGC has supported the National Down Syndrome Adoption Network led by Director, Robin Steele. When a family does not feel they are able to parent a child with Down syndrome, they may want to consider creating an adoption plan. Hundreds of families across the United States are choosing to adopt children of all ages with Down syndrome. Families of all types who want to adopt a child with Down syndrome must have an approved home study completed by a licensed agency in their state. Through NDSAN, birth families and adoptive families continue to receive current information on Down syndrome and assistance with making an adoption plan. For more information, please call 513.213.9615.

*...every child with Down syndrome deserves  
an opportunity to grow up in a loving home...*

### Materials for Spanish Speaking Families

The DSAGC now has many of its resources for new families available in Spanish. For more information, please visit our website and click on the Español tab or contact : [sally@dsagc.com](mailto:sally@dsagc.com)



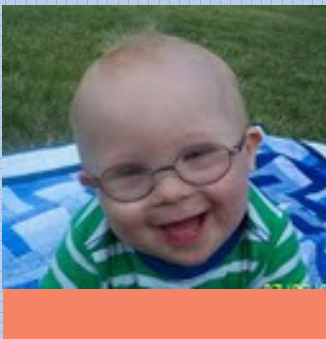
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## Reflux in Babies with Down Syndrome

Reflux is a common condition in infants with DS. Gastroesophageal reflux (GER) refers to movement of stomach contents back up the esophagus. The suspected cause is due to the hypotonia which is common in infants with DS.

Reflux is a concern because it can cause chronic indigestion which the baby may react to with frequent crying or colic. In severe cases, reflux may result in irritation to the lungs and aspiration pneumonia. Special positioning or medications may help to manage the condition until they outgrow it. In extreme cases, fundoplication surgery may be advised.

*Babies with Down Syndrome edited by Susan Skallerup, 2008.*



## DSAGC.COM OFFERS HELPFUL VIDEOS

Please visit the DSAGC website to view two short videos of mothers discussing their experience of giving birth to a baby with Down syndrome. The videos provide helpful insight into

what elements create a positive birth experience for a family.

One mother shares her positive experience while the second mother describes some events that occurred that she felt could have been handled more sensitively. In addition, this mother offers suggestions on ways in which the experience could have

been made more positive. Please visit [www.dsagc.com](http://www.dsagc.com) and click on Programs, Healthcare Professionals and Postnatally Diagnosed Patient Resources.

## DSAGC CONDUCTS NEW FAMILY SURVEY

*In 2008, the DSAGC surveyed families who had given birth to a baby with Down syndrome within the last 5 years. 63 families completed the survey. This year, the DSAGC is conducting a follow-up to the survey completed in 2008. Our hope is that our increased presence in the Greater Cincinnati medical community has resulted in improved interactions for our families. Results of this survey will be published on our website and in the [ds medpress](#). Please contact [sally@dsagc.com](mailto:sally@dsagc.com) if you would like to receive a hard copy of this report when it becomes available.*