

# Healthcare Information for Children with Down Syndrome

**HEART** - Many times children with Down syndrome can have problems with their **heart**. Be sure that a doctor checks your baby's heart when they are just a few days old. Heart problems that are not repaired when the child is very young may mean serious health problems as they grow older.

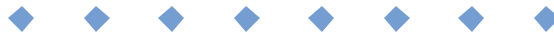


**EYES** - Your child needs to have their **vision** checked by the doctor to make sure they are seeing well and don't need glasses. Good eyesight is very important for your child to have the best chance for success in school.

*Children with Down syndrome need the same health care check-ups given to all children. However, they are at a much higher risk of developing certain medical problems.*

**EARS** -Make sure that the doctor checks your child's **hearing**. Children with Down syndrome can get lots of ear infections. Too many ear infections may cause hearing loss. A child with hearing loss may not learn to talk clearly.

**THYROID** - The doctor needs to check the thyroid gland to make sure it is working properly. Signs that the thyroid gland is not working well may include being very tired, a rapid heart rate, and dry skin.



celebrating extraordinary lives

***All of our programs and services are free of charge.***

***We can help your doctor by giving him or her:***

- **A FREE Booklet** - “Healthcare Guidelines for Individuals with Down Syndrome” - This will list all of the things that your doctor needs to examine on a child with Down syndrome at every check-up.



- **A newsletter, *ds medpress***, written for doctors and nurses.
- **Special Growth Charts for Children with Down Syndrome** – These charts show if your child’s height and weight are average for their age. The doctor will make sure that your child is growing well.

- **Healthcare Provider Information Packet** – We can send your child’s doctor a free packet of information about Down syndrome or they can download it from our website [www.dsagc.com](http://www.dsagc.com).

**For more information,  
please call  
513- 761-5400 or contact  
[sally@dsagc.com](mailto:sally@dsagc.com)**

**Tell your doctor about these resources and we will send  
him or her this information.**



The mission of the DSAGC is to empower individuals, educate families, enhance communities and together, celebrate the extraordinary lives of people with Down syndrome.

Offices: 644 Linn St. Suite 1128. Cincinnati, OH 45203 ph: 513.761.5400 fax:513.761.5401  
[www.dsagc.com](http://www.dsagc.com)